

## News Release

## WEST VIRGINIA DISTRICT

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## SBA Participates in "How to Overcome the Fear of Public Speaking" Lunch & Learn Session hosted by the Marion County Chamber of Commerce

**FAIRMONT, WEST VIRGINIA** — You probably aren't afraid of ghosts or goblins, but does public speaking scare you? If so, join the Marion County Chamber of Commerce, SBA's West Virginia District Office, and Impakt Marketing's Luke Nessler, in Fairmont for a Lunch & Learn session on how to overcome your fear of public speaking! The event, hosted by the Marion County Chamber of Commerce, is Thursday, October 29, 2015 at 12:00 p.m., at Muriale's Restaurant.

"From getting up in front of a large crowd, to giving your 30 second elevator pitch – small businesses need to be able professionally represent their small business," states SBA's West Virginia District Director, Karen Friel. "This Lunch and Learn session is a great opportunity for local small businesses to freshen up on effective public speaking."

There is an attendance fee, contact the Marion County Chamber of Commerce at 304-363-0442 for more information and to register.

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The mission of the SBA is to aid, counsel, assist and promote the interests of small businesses by providing financial, procurement and business development assistance and advocating on their behalf within the government. All SBA programs are extended to the public on a non-discriminatory basis.

Reasonable arrangements for persons with disabilities will be made if requested at least two weeks in advance. Contact: Nikki Bowmar, West Virginia District Office, 320 West Pike Street, Suite 330, Clarksburg, WV 26301, (304) 623-7445, <a href="mailto:nikki.bowmar@sba.gov">nikki.bowmar@sba.gov</a>.